

Salalah



EXPLORE & WELLNESS TRIP



CONTENTS



Trip Overview



Trip Itinerary



Accommodations



Prices & Fees



Booking Process



Trip Add-ons



Packing Essentials



TRIP OVERVIEW



Experience a Salalah wellness trip that perfectly blends relaxation, natural beauty, and cultural immersion. Begin your days with revitalizing yoga sessions on serene, pristine beaches, where the soothing sound of the waves and the gentle sea breeze enhance your practice, creating a deeply calming and meditative environment.

Engage in invigorating nature walks through lush, verdant landscapes, allowing you to connect with the tranquil surroundings. Explore vibrant local markets, where you can discover traditional crafts, aromatic spices, and fresh produce, offering a sensory delight and a chance to interact with the friendly local community.

Visit historical sites that offer a glimpse into Salalah's rich cultural heritage, providing both education and inspiration. This holistic retreat is designed to reduce stress, rejuvenate the mind and body, and leave you feeling refreshed and enriched. A Salalah wellness trip is an ideal choice for those seeking to escape the hustle and bustle of daily life and indulge in a truly transformative experience.



TRIP ITINERARY

Day One

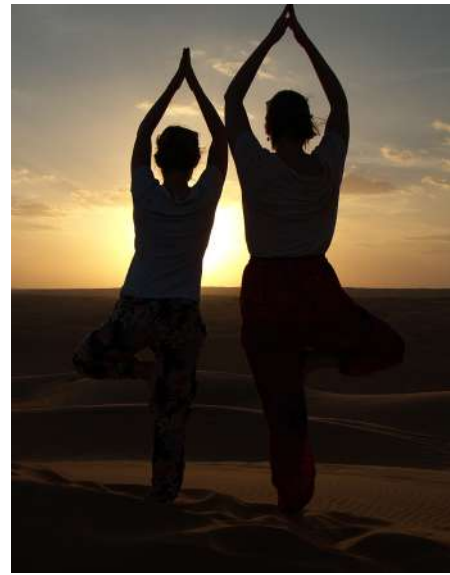
Arrival Day

8:00 - 15:00	Arrivals and Airport Picks-ups
15:00	Hotel Check-in
15:00 - 18:00	Visit prominent Salalah Landmarks
19:30 - 20:30	Special Welcoming Dinner & Welcom-

Day Two

Finding Inner Peace

7:00 - 8:00	Breath the Waves Yoga at Sunrise
8:00 - 8:30	Sunrise Barefoot Walk by the Beach
8:30 - 9:30	Breakfast at the Hotel
10:30 - 13:00	Wadi Al Shaikh Escape: Hike, Breathe, Refresh!
13:00 - 14:00	Drive Back to the Hotel
14:00 - 15:00	Lunch Break at Hotel & Change Break
15:00 - 17:30	Exploring East of Salalah
17:30 - 18:30	Drive Back to Hotel
20:00 - 21:00	Free Time (Optional Local Shopping Experience)





TRIP ITINERARY

Day Three

Back to Nature

7:00 - 8:00	Breath the Waves Yoga at Sunrise
8:00 - 8:30	Beach Harmony Women Circle
8:30 - 9:30	Breakfast at the Hotel
10:30 - 13:00	Whispers of Ayn Jarziz: Springs, Serenity & Scenic Hike
13:00 - 13:45	Drive back to the Hotel
13:45 - 14:45	Lunch Break at Hotel & Change Break
15:00 - 19:00	Explore West of Salalah
19:00	Special Farewell Dinner at the Hotel
20:00 - 21:00	Free Time (Optional Local Shopping Experience)

Day Four

Departure Day

8:30 - 9:30	Breakfast
12:00	Hotel Check-out
ALL-DAY	Departure Drop-offs
Optional Add-on: Drop-Off to the Paragliding Site for a Thrilling Flight Over Salalah's Breathtaking Cliffs	





PRICES & FEES

Our projects are priced and booked based on number of weeks

◀ **\$1390**USD ▶
Per Person

5%
Group (3+) Discount

- Group discount only applies for a group of 3 or more applicants, all of whom must pay the deposit. Use discount code GROUP5 on checkout.

Should any applicant not follow these terms, discount will be deactivated by NomuHub and amount added to applicant's final invoice.

- Payment shall be received at least a month prior to trip start date.
- A Deposit of \$468 is required to secure booking and per NomuHub terms and conditions deposit is non-refundable.

PRICES & FEES

The travel package includes and excludes the following:

INCLUSIONS



Twin Sharing at a Accommodation



Airport Pick-up, Drop-off and other transportation



General tourist attractions



Two meals per day (Breakfast and Lunch)



Special Welcome and Farewell dinners



24/7 in-country local NomuHub staff support

EXCLUSIONS



Flight Tickets



Personal spendings



Daily Dinners



Accommodation upgrade to Single Room



Travel visa and insurance



FLIGHT BOOKINGS



Arrival to (SLL)

THURSDAY



Departure from (SLL)

SUNDAY

- Please note that accommodation isn't included beyond the program dates. Contact our support team for extra days of accommodation arrangements.



PACKING ESSENTIALS

RECOMMENDED CLOTHES

- ☐ Hiking Shoes
- ☐ Socks
- ☐ Tops
- ☐ Jeans
- ☐ Dresses
- ☐ Swimsuits
- ☐ Light Jacket (for chilly nights)
- ☐ Sandals
- ☐ Flip Flops
- ☐ Sunglasses
- ☐ Underwear
- ☐ Headwear (hat, cap, head scarf)

APPLIANCES

- ☐ Chargers
- ☐ Plugs for Chargers
- ☐ Travel-size Torch

IMPORTANT DOCUMENTS

- ☐ Passport / Visa
- ☐ Identification
- ☐ Trip Itinerary
- ☐ Boarding Passes
- ☐ Travel Insurance

TOILETRIES

- ☐ Sunscreen & Lip Balm
- ☐ Hair Brush
- ☐ Nail Clippers & Scissors
- ☐ Toothpaste
- ☐ Toothbrush
- ☐ Razor
- ☐ Deodorant
- ☐ Shampoo & Conditioner
- ☐ Body Wash & Moisturizer

ACCOMMODATION OPTIONS



The package includes twin sharing room for a 3 nights stay, and if you wish to upgrade to a single room please find the below for following upgrade prices.

■ **Fanar Hotel**

Salalah, Oman

385 USD



FANAR HOTEL





Travel with a purpose

